

Forgiveness Confessions

Father, I come confessing your word from 1 John 1 and 9 that promises that if I confess my sins that you are faithful and just to forgive me from my own sins and to cleanse me from all unrighteousness. Today, I come confessing the sins of unforgiveness, bitterness, rejection, and rebellion before you. You promised me that if I would forgive others of their trespasses against me, that you would forgive mine. Father, I ask you to forgive me of the iniquity of un-forgiveness and to heal me from all diseases that have come about as a result of un-forgiveness and bitterness. Lord, as I open my heart to forgive tonight, I lay the axe to all bitter roots that have resulted from my own un-forgiveness. I thank you in advance Lord, that as I confess un-forgiveness and bitterness before you, that you will blot out my transgressions, and will not remember my sins any longer.

Lord, I make a deliberate decision tonight to release all who have rejected me and hurt me in the past. Father, your word says in Psalm 27:10 that when my mother and father forsake me, you will take me up. I release all who have neglected me, victimized me, abused me, raped me, taken advantage of me; all who have not been good parents to me; my mother for not being in my life to raise me; my father for not being in my life to raise me; all who put me up for adoption; all foster parents who did not love me; all parents who raised me, but did not love me; all grandparents who raised me, but did not love me. Father, I ask you to forgive me for rejecting my spouse; friends, loved ones, church members, family members and other who tried to show me love; I ask you to forgive me for ignorantly rejecting others as a result of not being healed from my own rejection.

Lord, I ask you to forgive me for all rebellion that I have displayed, even in the face of rejection and hurt; I no longer choose to accept my own bad upbringing, rejection, victimization, hurt, and abuse as valid reasons to rebel against others; forgive me from rebelling against any and all parental authority; any and all societal authority; any and all religious authority; forgive me Father from rebelling against you, against Jesus, and the against the Holy Spirit.

Lord, I bring before you tonight all un-forgiveness, all bitterness, all grudges, all judgments, all strife, all feuding, all bickering, all fighting, all pettiness between me and my:

Mother	Father	Grandmothers	Grandfathers	Brothers
Sisters	Aunts	Uncles	Cousins	Nieces
Nephews	Coworkers	Supervisors	Pastors	
Church Members	Neighbors			

Amen.